A Raga Journey II

A grass roots awareness project aimed at bringing Indian Classical Music to the local community, while facilitating world musicians to participate.

Programme

Sitar: Kyp Paraskeva
Tabla: Lahiru Dewaja
Flute: Christopher Gertges
Tanpura: Socratis Efstathiou



6:30pm: Meet & greet - Rema Lawson

7:00: Welcome - Kishan Pankhania

7:05pm: Message from H.E. Mrs Madhumita Hazarika Bhagat

7:10pm: Information about ICM and the Raga Journey.
Description and qualities of the raags to be performed.- Kishan Pankhania

- Raag Durga - Teental
- Raag Bageshri - Ektal & Teental

7:50pm: Intermission

8:00pm: Welcome back.
Description and qualities of the raags to be performed.- Kishan Pankhani

- Raag Chandrakauns- Ektal
- Raag Malkauns- Teental

8:40: Finish.

(Raags subject to change)

Refreshments are from the menu at local prices, available pre/post performance.
A la carte dining menu is available post performance with a reservation.

Recommended Donation 5 Euros

Raag Decription

Raag Durga, the origin of Raag Durga is not clear some say it is possible that it was only recently developed by North Indian classical musicians. The harmonic structure of Raag Durga is so basic and fundamental, that scales with the same intervals can be found all over Asia and worldwide, having all evolved with independent origins.

The name Durga is derived from the name of the goddess Parvati or Amba,the wife of Lord Shiva. Associated with great power, she is said to represent patience and fearlessness.Raag Durga is the most befitting raga for praising the Goddess Durga for its harmonic movement, draws the image of the armoured, fighting goddess, defeating the dark and replenishing wounds with joy and love.

Raag Durga helps to activate the Anahata or Heart chakra. When the heart chakra is in healthy alignment you will feel surrounded by love, compassion, and joy and connected to the world around you, open to all experiences in life while challenges are resolved with ease. Raag Durga boosts self-confidence and helps to enhance divinity and Immunity.

Raag Bageshri or Bageshree is another Hindustani classical raag. It is a popular raag meant to depict the emotion of a woman waiting for reunion with her lover. It is said to have been first sung by Miyan Tansen, the celebrated court singer of the Emperor Akbar in the sixteenth century.

With a very North Indian flavour, the predominant mood of Bageshri is teasing, romantic and flirting delight, It can also be used to express a variety of emotions, yearning, lost love and a touch of sadness.
A highly romantic raag, lending itself to often sad-romantic beauty, and the depths of unfulfilled love.

Bageshri addresses the Agnya Chakra also referred to as the Third Eye. When energized, this chakra allows you to achieve thoughtless awareness and mental silence, and is aligned with the element of air.
Raag Bageshri appeases, clarifies, relaxes and calms the mind.

Raag ChandraKauns also called, Chandrakosh or Chandar Kauns, is a recently created Hindustani raag. It is derived from its big brother Malkauns and they are often referred to as big brother and little brother. It is the yin to the yang of Malkauns.

The name Chandrakauns is derived from “chandra” meaning moon and the term “kauns” is unclear though often used for auduv (pentatonic) raags. Chandrakauns helps to activate the Nabhi also known as the Manipura or Navel Chakra. Also known as the Solar Plexus chakra, it focuses on the power and autonomy of the metabolism. In Raag therapy Chandrakauns has also been known to stimulate the secretion of insulin.

Though only five notes it is one of those deeply detailed raags that can be quite difficult to perform, requiring an adept use of alankars (ornamentation), and shruti. Rendering this raag in a slow and peaceful performance reveals its deeper beauty,rather than in a fast tempo.

Raag Malkauns is one of the oldest raags of Indian Classical Music. The name Malkaush is derived from the combination of Mal and Kaushik, which means he who wears serpents like garlands. Malkauns is a serious, meditative raag. Extra care must be taken with this raag as it is one of the favourite raags of the djinns (spirits). One must charm them and if they like the way you play, they will do anything for you. If not then they may kill you. The performer must remain patient, while finding a balance to allow the nature of the raag to express itself while at the same time appease the inner volatility of its emotion power.

Malkauns affects the Manipura or Navel Chakra and is often said to evoke a state of intense tranquillity.
The Manipura Chakra greatly supports good health and assists us in overcoming many illnesses.
When the energy of this Chakra flows freely, the effect is like that of a power station supplying strength, vitality and balance. In Malkauns five swaras (notes) are used to start and end melodies, so evoking a delicate balance that swings you in many directions all at the same time, a balancing act between all points of the scale like a quantum observer watching from a distance while the universe unfolds.
Though this raag has comparatively few rules it is still regarded as one of the hardest to master.